



Dr. Jose Arnold Tariga is an internationally educated nurse with more than 14 years of professional experience in various clinical and educational settings in the Philippines, the United Arab Emirates, and the United States. His areas of expertise include critical care in both acute and long-term settings, healthcare quality, and education in clinical and academic settings. He is also very passionate about professional development and mentorship.

Dr. Tariga holds a PhD in Development Education from Central Luzon State University, two Masters' in Nursing from Cebu Normal University, a Bachelor of Science in Nursing from Holy Name University, and a post-graduate certificate in Training to Teach in Medicine from Harvard Medical School. He is a Certified Professional in Healthcare Quality, a Certified Nurse Educator, and board-certified in Nursing Professional Development.

Dr. Tariga has presented at national and international conferences and published in peer-reviewed journals. He has been invited to speak on professional development by esteemed organizations such as Sigma Theta Tau International, the Association for Nursing Professional Development, and the Philippine Nurses Association.

Dr. Tariga has received several notable accolades, such as being recognized as The Healthcare Professional of the Year 2019 by the Filipino Times Awards, UAE, and awarded first place for his capstone project at Harvard Medical School.

Currently, he is the Director of Clinical Education and Development at InsightGlobal Health, where he is responsible for leading the development and implementation of an international transition to practice program for internationally educated nurses migrating to the United States.

In his free time, Dr. Tariga enjoys traveling and experiencing different cultures. He has visited 27 countries so far and hopes to travel to every country in the world. He also volunteers as a mentor at Sigma Theta Tau International, at Braven, and as an ambassador for the United Vessel Foundation.